



JENNIFER YOUNG
WELLNESS

JENNIFER YOUNG ACCREDITED DIPLOMA

Auricular Acupuncture

Additional Course Information



Enrol at www.jenniferyoungtraining.com/auricular-acupuncture



Auricular Acupuncture

from Jennifer Young

Acupuncture is a traditional Chinese method used to relieve some health conditions and symptoms, such as pain. An acupuncturist inserts very thin steel needles into your skin at multiple “acupoints.” The needles rebalance your body’s energy, or qi, and prompt your body to release natural chemicals to fight the illness or symptom.(1)

(Auricular Acupuncture) ... is used in many NHS GP practices, as well as in most pain clinics and hospices in the UK.(2)

(Auricular acupuncture) ... is as effective as body acupuncture with some advantages.(3)

‘The National Acupuncture Detoxification Association (NADA) protocol is a simple standardized auricular treatment has the potential to provide... relief on issues ...not limited to addiction, such as the opioid epidemic...mental health, trauma, PTSD, chronic stress, and the symptoms associated with these conditions.’(4)

Upon successful completion of this blended online and in person training you will be able to

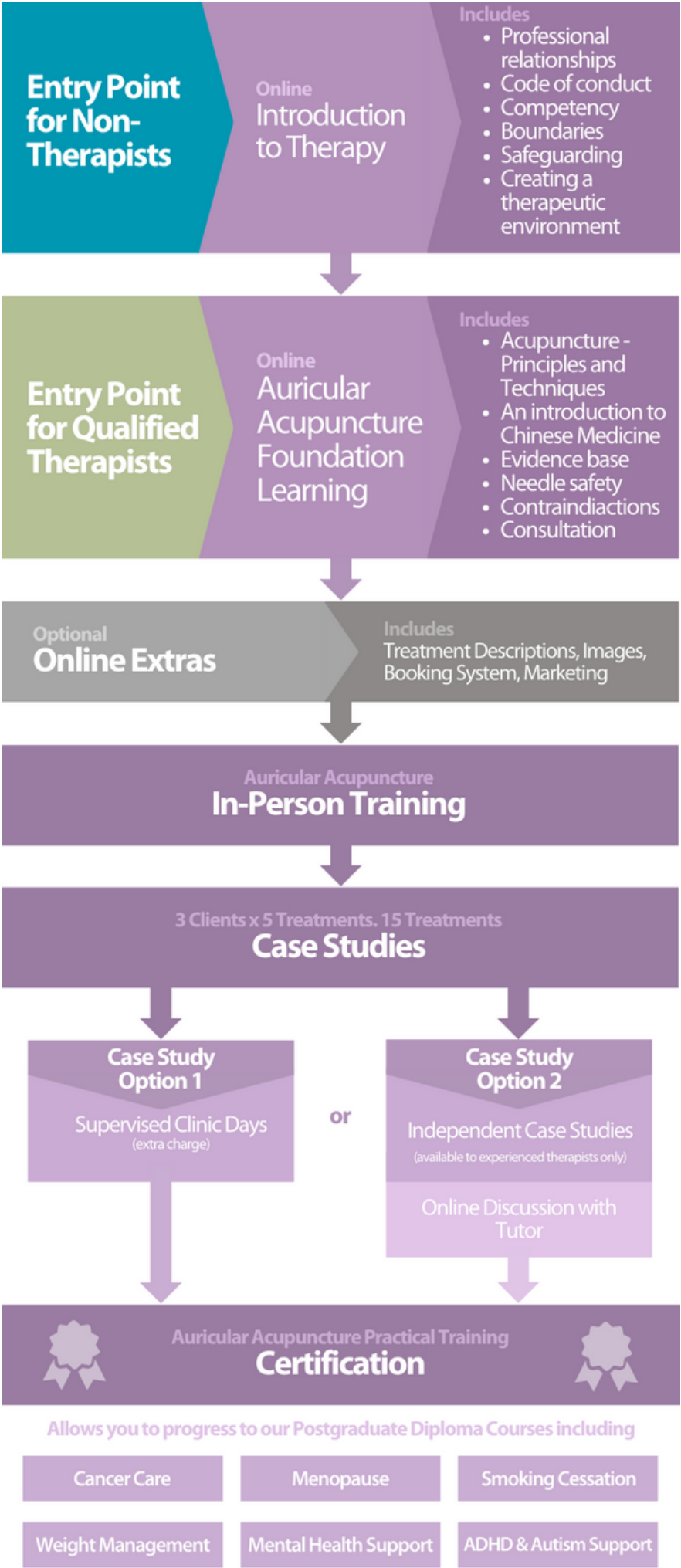
- consult with the client and plan the Auricular Acupuncture
- ensure that the interventions used are within your scope of practice
- obtain written informed consent to Auricular Acupuncture
- check that the environment meets the clients needs
- ensure that any equipment and materials are ready for use and meet professional codes of practice, health and safety, legal and organisational requirements
- prepare yourself appropriately to provide Auricular Acupuncture
- position the client for effective Auricular Acupuncture and to give as much comfort as possible
- carry out the Auricular Acupuncture safely and correctly
- make appropriate adjustments to the Auricular Acupuncture to meet any changing needs
- deal effectively with the client's response to the Auricular Acupuncture
- check the client's well-being throughout and give reassurance
- where needed
- work with other professional, support staff, clients and users, relatives and carers
- provide clear and accurate advice with regard to any relevant aftercare
- Evaluate the outcomes and effectiveness of the Microsystems Acupuncture to inform future plans and actions complete and maintain records in accordance with professional and legal requirements

You will be familiar with

- the history, principles and development of Auricular Acupuncture
- the rules, ethical standards and codes of conduct of Auricular Acupuncture
- the importance of, and need to develop, a sensitive and intuitive approach to clients and their needs
- the importance of building a relationship of trust and support
- the importance of treating every client as an individual
- the importance of encouraging the client to be actively involved in their treatment
- the different assessment methods which may be applicable for assessing the client's needs and evidence of their efficacy
- the importance of obtaining written informed consent before touching the client
- the importance of recognising and maintaining the client's legal and ethical rights to confidentiality
- how to analyse an individual using the appropriate Auricular Acupuncture techniques and a case history (which includes medical conditions and other factors conveyed by the client together with the acute/chronic nature of each issue and the client's priority for improvement)
- the treatment options available to a Auricular Acupuncture practitioner and how they should be implemented
- how to locate and recognise areas of functional imbalance and/or resistance, and facilitate the client's innate self-healing ability
- how to facilitate the integration of therapeutic changes which may have occurred during treatment
- how to identify and work with the following responses to the treatment:
 - physical
 - emotional
 - psychological
 - no response
- how to respond to the physiological presentation of shock, emotional and/or physical trauma during the treatment
- how to recognise the completion of an individual's therapeutic process and leave them grounded and balanced

You will be familiar with (continued)

- the potential outcomes of Auricular Acupuncture:
 - resolution of the problem
 - increase in well-being
 - supporting the client in their process
 - healing reactions
 - abreactions
 - no change
- how to evaluate the outcomes and effectiveness of Auricular Acupuncture
- how to recognise those occasions when Auricular Acupuncture may be appropriate and/or may complement other healthcare which the client is receiving
- how to recognise conditions for which Auricular Acupuncture alone would be ill advised and for which the client should seek advice from other sources
- the circumstances when you may choose not to accept a client or to cease treating a client
 - Auricular Acupuncture is unlikely to succeed
 - the client does not want Auricular Acupuncture
 - you do not wish to provide Auricular Acupuncture
- How Auricular Acupuncture is contraindicated
- the range, purpose and limitations of different methods, which may be used for different clients with different needs
- how to determine the most appropriate method(s) for different clients and their particular needs
- how to tailor treatment appropriately for each individual
- how to assess the appropriateness of self-care strategies for the client
- relevant anatomy for safe needling practice
- relevant microbiology for safe clinical practice
- relevant physiology, pathology and pharmacology
- the limits of your competence, training and expertise, and when to refer the client on to other practitioners
- the procedures for record keeping in accordance with legal and professional requirements



Case studies

There are two ways in which you can complete your case studies

Independent Study

You are required to give 3 treatments to 5 different people within 3 months of your practical training. When you have completed this practical learning you will book a session with a tutor to discuss your learning as well as any challenges faced.

You are required to share images of your client and needling at this stage.

In clinic assessment

This option is available at an additional per day charge. You are welcome to join us in our UK clinic. You will be supervised when treating clients and will be able to discuss any concerns, learning and triumphs with the clinic supervisor.

There is no limit on the number of days upon which you can attend.

Your Diploma is issued when you have successfully completed 15 treatments. There is no time limit placed upon completion but we require you to practice in clinic at intervals of no longer than 2 months.

In clinic and independent completion of case studies

You are welcome to join us in clinic and to complete your case studies independently. We will be led by your learning preferences.

Cost per clinic day

£100

In-Person Training Day

You will be required to complete one day of in-person training and evaluation.

Our training will take place at Jennifer Young Headquarters, near Crewe, North Staffordshire.

Our first in-person training day will be on 20 April 2024.

Places are strictly limited.

A booking link will be sent as soon as you purchase this course.

We expect the places for in person training on 20 April will sell out very quickly.

We have numerous other dates, on various days of the week.

You will be sent a link to book these dates as soon as you purchase this qualification.

Other dates include:

- 23rd April 2024
- 23rd May 2024
- 21st June 2024
- 5th July 2024
- 21st July 2024
- More to be added

Refresher training

You are required to complete refresher training 12 months after your qualification is issued and every 12 months thereafter. Your refresher training will take the form of a day in clinic. You will be supervised as you treat clients, and will have the opportunity to discuss the clients and their needs with the clinic supervisor.

Train the trainer Auricular Acupuncture

We understand that it may be more efficient for organisations to have in-house trainers, trained by us to deliver the Jennifer Young Auricular Acupuncture treatments. We are very open to this and have a process in place.

Please contact us to discuss the Train the trainer option. Please note, this programme is not suited to all organisations. Contact us and we will find the best way forward together.

STILL HAVE QUESTIONS? GET IN TOUCH

email: training@jenniferyoung.co.uk

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